

BARBER NATIONAL INSTITUTE NATATORIUM COMMUNITY SWIM SCHEDULE Winter 2017 – Session C

Beginning: Monday January 2, 2017 Ending: Friday February 24, 2017 Make-up Week: Mon-Fri Feb. 27- Mar. 3		100 Barber Place, Erie, PA 16507-1899 Website: www.barberinstitute.org → About Us → Community Resources Phone: 878-4071 Email: madams@barberinstitute.org
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TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Learn-To-Swim Lessons
9-11	BNI Learning Center	BNI Learning Center	BNI Learning Center	BNI Learning Center	BNI Learning Center	Dates for our next session:
12-1	Adult Open Exercise	Adult Open Exercise	Adult Open Exercise	Adult Open Exercise	Adult Open Exercise	
1-2	Arthritis AQ Program	Arthritis AQ Program	Arthritis AQ Program	Arthritis AQ Program	Arthritis AQ Program	Session D Spring March 6 through April 28
2-3	Adult Open Exercise	Private Lessons ½ hour lessons – \$12.00	Adult Open Exercise	Adult Open Exercise	Private Lessons ½ hour lessons – \$12.00	
3:00						
3:30						Registration for Session D: Members February 20 Non Members February 27
4:00	Preschool Aqua Level 3**	Level 3	Preschool Aqua Level 2**	Level 4	Level 2	
4:30	Preschool Aqua Level 2	Level 2	Preschool Aqua Level 1**	Level 3	Level 1	
5:00	Preschool Aqua Advanced**	Preschool Aqua Level 1	Preschool Aqua Level 2**	Parent Child Level 1	Parent Child Level 1	
5:30	Parent Child Level 2	Parent Child Level 1	Preschool Aqua Level 3	Parent Child Level 2	Parent Child Level 2	
6:00	Adult Open Exercise	Level 3	Adult Open Exercise	Level 2	Family Swim	
6:30	6 – 7	Adults 1 & 2	6 - 7	Level 4		

** Denotes change from previous schedule

Students 6 Months to 5 Years:

Parent/Child Level 1: 6 months to 2 years of age, Parental assist in the water. Introduces basic skills to parents and children.

Parent/Child Level 2: 2 to 4 years of age, Parental assist in the water. Introduces basic skills to parents and children.

Preschool Aquatics Level 1: Age 3-5 Will learn going under water, blowing bubbles, floating with assistance.

Preschool Aquatics Level 2: Age 3-5 To enter, must submerge head completely under water.

Preschool Aquatics Level 3: Age 3-5 To enter, must float and motor 15 feet independently.

Preschool Aquatics Advanced: Age 3-5 To enter, must have passed Preschool level 3

Students Ages 6 and Above:

Level 1: Will learn going under water, blowing bubbles, floating with assistance

Level 2: To enter, must submerge head completely under. Will learn floating and locomotion skills.

Level 3: To enter, Must float and motor 15 feet independently. Will learn stroke techniques.

Level 4: Refining Front crawl, elementary backstroke, side stroke. Learn breaststroke, butterfly, and back crawl.

Passing Level 4 provides the skills to join a swim team

Adult 1: Beginner level, shallow water swimming.

Adult 2: Advanced level, shallow and deep water swimming.

SESSION C

Member Pre-Registration:
MONDAY December 19

Non-Members may register:
TUESDAY December 27

**Call 878-4071
to register!**